

WHAT IS LAVELA WS 1265?

Each softgel of Lavela WS 1265 contains 80 mg of a unique lavender essential oil that has been proven effective in clinical research. Lavela WS 1265 relieves occasional anxiety and restlessness.*

WHAT CAN I EXPECT WHEN TAKING THE PRODUCT?

Research shows Lavela WS 1265 not only calms occasional nervousness, but also enhances the quality and duration of sleep, thereby helping patients wake up refreshed and rested.* Lavela WS 1265 has also been shown to improve both mental and physical health without causing the side effects commonly seen with other options.* Clinically and statistically significant improvements were achieved in a six week study.*

HOW SHOULD I TAKE LAVELA WS 1265?

Take one softgel (80 mg) daily with a full glass of water, or as recommended by your healthcare practitioner. Lavela WS 1265 should not be used during pregnancy, lactation, or by persons under 18 years of age. If you are taking prescription medications, consult with your healthcare practitioner before using this product.

1. Kasper S, Gastpar M, Müller WE, et al. Silexan, an orally administered Lavandula oil preparation, is effective in the treatment of 'subsyndromal' anxiety disorder: a randomized, double-blind, placebo controlled trial. *Int Clin Psychopharmacol* 2010;25(5):277–87.
2. Woelk H, Schälffe S. A multi-center, double-blind, randomised study of the Lavender oil preparation Silexan in comparison to [drug name] for generalized anxiety disorder. *Phytomedicine* 2010;17:94–99.

Integrative Therapeutics™ is North America's leading manufacturer and distributor of proprietary, natural, dietary supplements for medical professionals and their patients. Every day, more than 50,000 doctors recommend our products to their patients—an indicator of trust, quality and value.

As the cornerstone of our commitment to quality, Integrative Therapeutics products are the B.E.S.T. that science and nature have to offer:

- **BIOAVAILABLE** – Bioavailability testing via dissolution and disintegration methods ensures nutrients are released for absorption in the body
- **EFFECTIVE** – Every lot of raw material must be tested to confirm identity, potency and purity delivering efficacy you can trust
- **SAFE** – Safety and stability protocols ensure products retain full potency throughout product shelf-life
- **TRUSTED** – When Results Matter™ you can trust a high quality, consistent product - bottle to bottle, and capsule to capsule



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* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Lavela WS 1265™

CLINICALLY STUDIED LAVENDER OIL

An Anxiously Awaited Solution



Integrative
THERAPEUTICS™

ARE YOU WIRED, BUT TIRED?

Economic challenges, work-home life imbalances, and health-related issues are commonly reported worries in today's world. Concerns for what lies ahead keep many individuals awake at night. As a result, more and more patients are turning to their physicians for help in managing symptoms of stress and occasional anxiety.

WORK-RELATED STRESS

LOSS OF JOB

ECONOMIC UNCERTAINTY

HEALTH CONCERNS

**LAVELA
WS 1265™**

TENSION

RESTLESSNESS

OCCASIONAL SLEEPLESSNESS

CIRCLING THOUGHTS

LACK OF CONCENTRATION

Herbs and botanicals have been used for centuries to quiet the mind and calm the body. Among these, lavender has been a mainstay and provides a wide-range of health benefits. Lavender oils are regularly used in aromatherapy to relieve mild anxiety. Oral lavender supplements have also been used to treat mood imbalances, such as restlessness, occasional sleeplessness, and gastrointestinal irritability related to nervousness.*

LAVELA WS 1265™

An Anxiously Awaited Solution

Lavela WS 1265 contains an exclusive lavender (*Lavandula angustifolia*) essential oil, known as WS 1265, or Silexan™, in the research. Indicated for occasional anxiety, Lavela WS 1265 has been shown to safely and effectively promote relaxation and calm nervousness, as demonstrated in controlled trials published in peer-reviewed medical journals.*^{1,2}

SAFE & NON-HABIT FORMING

Lavela WS 1265 offers gentle relief that supports healthy relaxation and adaptation to stress.* Taken just once a day, this botanical extract is non-habit forming and well-tolerated. Clinical research shows Lavela WS 1265 is an effective and convenient solution for occasional anxiety and restlessness.*^{1,2}



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